



2024 - 25  
BOOKLET

[www.expressivedancestudio.org](http://www.expressivedancestudio.org)

# W E L C O M E T O E X P R E S S I V E D A N C E S T U D I O



# WHO WE ARE...



September 20, 1990 Mary-Liz Humphrey checks the rooms new sprung flooring. The revamping of the old building was a joint effort of the rec commission and the town of Elkton.



September 2028



August 2020, Mary-Liz welcomes Bryanna Dean as the Director...



Dozens of photobooks from opening year to present, each show having a forever place on the shelf.

**We believe dance education goes beyond learning steps; it is a vehicle for individual growth and discovery.**

This studio has fostered many generations of dancers. We understand that not all will aspire to become dance professionals, therefore we aim to provide each student with engaging and supportive training, offering valuable lessons to with them in life wherever their passions may lead.

Furthermore, bolstered by our exceptional faculty and the addition of a new company division, we are well-positioned to provide aspiring professional dancers with an elevated standard of dance education and exposure.

# CONTACT INFO



Email Address:

[elktonrecreationdance@gmail.com](mailto:elktonrecreationdance@gmail.com)

Text Updates (via remind):

"@expdstudio" to 81010

Director: Bryanna Dean (540) 383-2531

Artistic Director: Mary-Liz Humphrey (540) 742-3349

Website & Parent Portal Access:

[expressivedancestudio.org](http://expressivedancestudio.org)

Facebook: Elkton Recreation Dance Program

Instagram: ExpressiveDanceProgram

*We encourage dancers to find their unique voice through movement,  
while building confidence in themselves both on and off stage.*



# TUITION RATES

**Everyone should have the opportunity to dance, if you need financial assistance please contact us via email. We will send you our financial aid application.**

<i>Dance Adventure</i>	<i>\$10 per class</i>	<i>Not charged monthly</i>
<i>30-minute weekly class</i>	<i>(\$9 per class)</i>	<i>Monthly Total: \$36</i>
<i>45-minute weekly class</i>	<i>(\$10 per class)</i>	<i>Monthly Total: \$40</i>
<i>1 hour a week</i>	<i>(\$13 per class)</i>	<i>Monthly Total: \$52</i>
<i>1 ½ hours a week</i>	<i>(\$19 per class)</i>	<i>Monthly Total: \$76</i>
<i>2 hours a week</i>	<i>(\$11 per class)</i>	<i>Monthly Total: \$88</i>
<i>2 ½ hours a week</i>	<i>(\$13 per class)</i>	<i>Monthly Total: \$104</i>
<i>3 hours a week</i>	<i>(\$9.50 per class)</i>	<i>Monthly Total: \$114</i>
<i>3 ½ hours a week</i>	<i>(\$10 per class)</i>	<i>Monthly Total: \$120</i>
<i>4 hours a week</i>	<i>(\$8 per class)</i>	<i>Monthly Total: \$128</i>
<i>4 ½ hours a week</i>	<i>(\$8.50 per class)</i>	<i>Monthly Total: \$136</i>
<i>5 hours a week</i>	<i>(\$7.75 per class)</i>	<i>Monthly Total: \$155</i>
<i>5 ½ hours a week</i>	<i>(\$8 per class)</i>	<i>Monthly Total: \$160</i>
<i>6 hours or more &amp; family</i>	<i>(\$7 or less per class)</i>	<i>Monthly Total: \$168</i>

*The Company: Student Ensemble Members + \$30*

**Tuition is due on the 15th of each month. Invoices will be sent via email.**

*Overdue payments may be subject to fees.*

*Families with 2 or more dancers enrolled receive 10% off tuition.*

- 1. If submitting checks, they can be made out to "Expressive Dance Studio".*
- 2. If cash, place your student's name on an envelope provided in the box.*
- 3. Credit / Debit cards are accepted with a 2.5% surcharge on the parent portal.*

# DRESS GUIDE

All of our teachers are trained in anatomy and in order to properly engage with each dancer, they must be able to see the dancer's body to ensure correct alignment and structural placement. Hence, it is imperative proper clothing listed below be worn.



**Hair is always pinned back off the face for neatness, efficiency and safety.** ✨ ✨

## Recommended Shops

Online: Discount Dance Supply (Code: TP35437), Amazon, Tutulist (used).  
Target or Walmart - for youth leotards, tights, and sometimes ballet shoes.  
InMotion Dance (Harrisonburg) and My Dance Shoppe (Charlottesville)

- We have a limited selection of clothing and shoes for those who need them.
- Donations are always welcome!

## **Ballet:**

Pre-Primary - Girls: Light pink leotards, canvas ballet shoes, and tights. Boys: White shirt, black pants, and black canvas ballet shoes.

Primary - Girls: Light pink leotards, canvas ballet shoes, and convertible tights. Boys: White shirt, black pants, and black canvas ballet shoes.

Level I-III - Girls: Black leotards, light pink tights and ballet shoes. Boys: White, gray, or black t-shirts or with black bottoms, with nude ballet shoes.

Level IV - Girls: Any color or pattern of leotard and tights, skirts allowed. Boys: Any color fitted shirt with black bottoms.

## **Other Techniques:**

Jazz - Fitted tops and bottoms, socks or jazz shoes are encouraged. Tan jazz shoes will be needed for recitals but it is up to the dancer if they would like to wear them year-round in class.

Modern - Any non-restrictive attire. Socks, half shoes or nothing on feet.

Acro - Loose clothing, jewelry, or socks are prohibited during acro classes.

Tap - Any non-restrictive attire, with black slip-on tap shoes (avoid lace or velcro styles).

Dance Adventure - Any non-restrictive attire, with ballet shoes or socks. If your dancer prefers to wear a ballet uniform, a tutu or costume to class - that is absolutely welcome as long as it is not a distraction!

# DROP-OFF, HOLIDAYS & CANCELATIONS

## DROP-OFF:

✦✦ Parents are very welcome to stay and wait in the studio's reception room or drop-off their dancer/s.

Students should arrive at least 5 minutes before class begins.

We have a dressing room if dancers are coming after school or from another activity.

Feel free to bring snacks! Just no food or drink (besides water) in the studio room.

## TRANSPORTATION:

If you plan to use the bus or walk directly from the neighboring elementary school, teachers and Office Personnel must have a permission letter from each parent.

RBES, EMS, and ERHS Students - There is a BUS daily that comes directly next door to EES. Let your school office and teacher know if your child is to be on that bus and going to dance.

## CLOSURES:

We follow RCPS Holiday breaks for fall and spring, for holidays off please reference yearly calendar attached.

Our season runs August-June. Our winter break is held after our winter recital until late January.

If we must cancel class for any reason, you will be informed and not charged for that class day.

WEATHER: If Rockingham County Schools are closed due to WEATHER alone, we are also closed. For dangerous conditions that occur later in the day we will do our best to give notice that morning via email and text.



# POLICIES & CORE VALUES

Our administration and staff place students according to their age, ability, and dance experience. Some classes and programs require prerequisites or approval from instructors, administrators, and/or medical professionals.

Fairness is providing each student with what they need to be successful, not having all students do the same thing.

Attendance in class is very important to their progress, their peers and our teaching staff. Not only do absences impact the recital routines we create, it also impacts the social, technical and confidence-building principles we work hard to foster. Students should not exceed 2 class absences per month (or 4 for bi-weekly classes). In such cases, instructors may request private lessons or resort to adjusting show choreography excluding the dancer.

Please inform us if your dancer will not be in class.

If injured, dancers are expected to attend class and watch. Advanced students must take notes.

Attend extra rehearsals, there will be 1-2 days of rehearsal per show weekend. All on-stage rehearsals are mandatory.

No outside shoes allowed on the dance floor.

Volunteer during shows and expect to participate in one fundraiser each year. Funds strictly go towards performance expenses: rental, staff, technical support & stagehands, show props and sets, videography, etc.

We encourage an environment of mutual appreciation, fostering a supportive and kind community.

No cell phones allowed inside the dance space, unless videoing routines. All students and teachers in video must give their permission.

It may be necessary for instructors to place hands on the student for proper placement and correction of body alignment.